

# Winter Retreat Schedule

February 12th to 15th

revised: 01/05/2010

<i>FRI</i>	<i>SAT</i>	<i>SUN</i>	<i>MON</i>
	<b>ZAZEN</b> (voluntary) 5:30am - 6:15am		
	<b>AIKIDO</b> 6:30am - 7:30am		
	<b>BREAKFAST</b> 8:00am - 9:00am		
	<b>AIKIDO</b> 10:00am - 11:30am		
	<b>LUNCH</b> Noon - 1:00pm		
	<b>Informal Pictures</b> 1:30 - 2:15		
	<b>AIKIDO</b> 2:30pm - 4:00pm		
<b>REGISTRATION</b> 4:00pm - 6:30pm (lodge)			
	<b>ZAZEN</b> (voluntary) 4:30pm - 5:15pm		
<b>AIKIDO</b> 6:30pm - 7:30pm			
	<b>DINNER</b> 6:00pm - 7:00pm		
<b>DINNER</b> 8:00pm - 9:00pm			
	<b>Party</b> 7:30pm		
<b>Informal Gathering</b> 9:00pm			